Making the Links
A Whole University Approach
‘The complexity and interrelationships...make a compelling case for the futility of isolated initiatives. Focusing heavily on one element of the system is unlikely to successfully bring about the scale of change required.’


‘There is...widening recognition that a system-based [Healthy Universities] approach has significant added value – offering the potential to address health in a coherent and joined-up way and to forge connections to both health-related targets and core drivers within higher education.’

A Conceptual Model

Higher Education Drivers

Create healthy and sustainable working, learning & living environments for students, staff & visitors

WHOLE UNIVERSITY APPROACH

Increase profile of health & sustainable development in learning, research and knowledge exchange

WHOLE UNIVERSITY APPROACH

Contribute to the health, well-being & sustainability of the wider community

Public Health Drivers
Applying a whole system approach to alcohol

Alcohol

Alcohol issues, influences and links in your university?
Student behaviour * Binge drinking
Sport initiations * Services available
Media influence * Staff health * SU drinks promotions * Links to sexual health *

Who should be involved in a working group?
Student Services * Security * Police * SU * Health Centre
Occupational Health * University disciplinary team *
Accommodation Services * Local services * Curriculum links
From issues to action areas...

Health issue eg food

- Strategy & Policy
- Research
- Training
- Curriculum links
- Information & Campaigns
- Services
- Partnerships
- Project development
Moving towards a whole university approach

Health work in a university
- Health services not linked up.
- Reactive health campaigns.
- Partners brought in for one off events.
- Uni & SU work independently on health.
- No opportunities for schools/services to discuss health and wellbeing.

Whole university approach
- Int & ext partners involved.
- Working groups bringing colleagues and students together for strategic planning.
- Uni & SU working in partnership.
- HU strategy/action plan in place.
Engaging & involving whole university

How can students be meaningfully involved in HU?

How much time should we spend on promoting HU internally?

How can we get student and staff views on health issues?

Are working groups the only forum to bring people together?

Are there barriers for academic & service staff to work together?

INvolving whole university

Who are the right people to attend working groups?
Are we making the links? Who else could be involved?

How do we ensure working groups are not ‘talking shops’?

Are there people who are finding it hard to engage? Why?