**ENGLISH NATIONAL HEALTHY UNIVERSITIES NETWORK**

**NETWORK MEETING**  
**WEDNESDAY 07 MARCH 2012**  
**NOTTINGHAM TRENT UNIVERSITY**

### Speakers
- Dame Carol Black  
- Sarah Bustard – Nottingham Trent University  
- Dr Mark Dooris – UCLan  
- Prof Neil Gorman – Nottingham Trent University  
- Maxine Holt – Manchester Metropolitan University  
- Ian Kenvyn – Leeds Trinity University College  
- Sally Olohan – Association of Managers of Heads of Student Services in Higher Education (AMOSSHE)  
- Liz Orton – Nottingham City PCT  
- Dr Sue Powell – Manchester Metropolitan University

### Attendees
- Andrew Abbey – Teesside University  
- Liz Anderson – The Higher Education Academy  
- Louise Atkins – University of Glamorgan  
- Alison Bromberg – Nottingham Trent University  
- Lis Child – Nottingham Trent University  
- Jo Daley – Sheffield Hallam University  
- Dr Heather Davison – Royal Society for Public Health  
- Anne Devlin – Anglia Ruskin University  
- Robin Dollery – University of Nottingham  
- Jessica Draper – Loughborough University  
- Jenny Dunstall – University of Northampton  
- Denise Eaves – University of Nottingham  
- Moira Gibbons – Sexual Health Outreach Team  
- Agnes Gibson – SUMS Consulting  
- Dr Avtar Ghattaora – Nottingham Trent University  
- Sukhi Ghattaora – Nottingham Trent University  
- Dr Lisa Guggilberger – University of Brighton  
- Farrah Humberstone – University of Nottingham  
- Carolyn Hunt – University of London, Institute of Education  
- Sarah Huws-Davies – Swansea University  
- Joel Kesterton – Sheffield Hallam Students' Union  
- Gill Miles – University of Leicester  
- Anne Mills – Bournemouth University  
- Claire Moore – Nottingham Trent University  
- Sue Morley – University of Kent  
- Catherine Ogilvie – University of the West of England  
- Judy Orme – University of the West of England  
- Ann Priest – Nottingham Trent University  
- Claire Robbins – Nottingham Trent University  
- Phil Scarffe – Nottingham Trent University  
- Elle Seaver – Loughborough University  
- Bridie Woods – University of London, Institute of Education  
- Hazel Wright – Teesside University

### Apologies
- Prof Freda Bridge – GuildHE  
- Alison Chambers – UCLan  
- Laura Croft – Regional Public Health Group - London  
- Sharon Doherty – UCLan  
- Fiona Holland, MA, PGCE, FHEA – University of Derby  
- Prof Eileen Martin – Teesside University  
- Amanda Rigbye – University of Salford

### Minute Agenda

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| HU-ENN-0312 | 1 | Welcome  
  - Sarah Bustard welcomed participants to Nottingham Trent University. | | |

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### Notes of Last Meeting and Matters Arising

- Notes of the last meeting were agreed as a true record.
- There were no matters arising not covered on the agenda.

### Developing Leadership and Governance for Healthy Universities: Project Update

- MD provided a brief project update – highlighting the following points:
  - HEFCE funding runs out in July 2012 and UCLan’s senior management have confirmed that they will fund a proportion of Mark Dooris’ time to continue co-ordinating the Network and ensuring continuity of the website and other functions.
  - All six Project Board member HEIs (UCLan, MMU, NTU, LTUC, UWE, Teesside) have agreed to remain centrally involved – offers for involvement from other HEIs invited.
  - Offers to host future meetings are invited.
  - Scotland and Wales are each exploring the development of Healthy Universities.
  - An email with a link to an evaluation questionnaire has been sent to Network members – please take the time to complete as this will inform future developments and feed into our final report to HEFCE.
  - Toolkit has continued to be well-received – HEIs are encouraged to submit case studies using the online form at [http://www.healthyuniversities.ac.uk/toolkit/submit-case-study.php](http://www.healthyuniversities.ac.uk/toolkit/submit-case-study.php) to ensure that this element remains dynamic.

Email Sandra Brookes sbrookes2@uclan.ac.uk re. offers to host future meetings.

Complete evaluation questionnaire.

Submit case study ideas/abstracts using the on-line form.

### Networking and Sharing of Successes/Challenges

- Those present were invited to share successes and challenges – and the following themes formed the focus for round-table discussions: mental health first aid; integrated web site; student-led campaigns and projects.

### Preventing and Minimising Gambling-Related Harm in Higher Education Project: Update and Consultation

Click here to view PowerPoint Presentations.

- Maxine Holt outlined the resources that had been developed for staff and students and confirmed that these have been sent to Vice Chancellors and Heads of Student Services.

- Sally Olohan confirmed that AMOSSHE would support the adoption of the resources and would put a short outline in the AMOSSHE Newsletter.

Email Network members regarding resource distribution and forthcoming seminar at MMU on 14 May 2012.

Email text to SO.
Dissemination Workshop:
Leading and Developing a Healthy Universities Approach to Enhance Staff and Student Experience and Performance.

Click here to view PowerPoint Presentations

- Mark Dooris introduced the Healthy Universities Toolkit and the ‘umbrella’ guidance package – Leading and Developing a Whole System Healthy Universities Approach.
- Ian Kenyon introduced the Staff Experience and Performance Toolkit.
- Sarah Bustard introduced the Student Experience and Performance Toolkit.
- Dame Carol Black spoke on Health, Work and Wellbeing: Challenges and Opportunities for Higher Education.
- Sally Olohan spoke on Student Staff Wellbeing, Experience and Performance.
- Dr Elizabeth Orton provided an overview of a student health needs assessment carried out in Nottingham.

- There were interactive workshops on Student and Staff Wellbeing, Experience and Performance. Key points fed back from round-table discussions included:
  - Importance of the business case for Healthy Universities to influence VCs
  - Partners want to work with the Healthy Universities Network, particularly academic staff who can see the relevance to student employability, curriculum changes and building the evidence base
  - HEIs are structured in silos and the funding model is based on staff student ratios. Healthy Universities brings these elements together where like-minded people can discuss staff and student issues
  - HU work happens in small pockets and the guidance packages will bring these together
  - Need to turn gatekeepers into advocates
  - Fragmentation is a barrier to Healthy Universities
  - We will know when Healthy Universities is done well as we will be proactive rather than reactive
  - HU can stop students getting into a pressured state by early intervention
  - Individuals who are enthusiastic about Healthy Universities need the time to work on it
  - The main barrier is not having top level buy in
  - The student voice can be particularly influential
  - Small institutions have difficulties with infrastructure and support. It was suggested that they could join together
  - Valuable to be part of a network
Healthy Universities Self Review Tool

See http://www.healthyuniversities.ac.uk/toolkit

- MD gave a brief presentation of the on-line Self Review Tool and explained that a number of refinements and enhancements had been made.

Date of Next Meeting

- The next Network event is a celebratory conference and will take place on **Tuesday 19 June** at UCLan in Preston.

Email Sandra Brookes sbrookes2@uclan.ac.uk to register for conference