ENGLISH NATIONAL HEALTHY UNIVERSITIES NETWORK

NETWORK MEETING
MONDAY 26 APRIL, 2010
UNIVERSITY OF BRISTOL

Present:
Mark Ames  University of Bath
Sarah Bustard  Nottingham Trent University
Jennie Cawood  University of Central Lancashire
Jenny Childs  University of Bath
Anne Coggins  Sheffield Hallam University
Mark Cox  University of Plymouth
Tracy Cullis  Coventry University
Heather Davison  Royal Society for Public Health
David Dickinson  University of Surrey
Sharon Doherty  University of Central Lancashire
Mark Dooris  University of Central Lancashire
Jenny Dunstall  University of Northampton
Heather Hartwell  Bournemouth University
Karen Harvey  Bristol University
Linda Jones  The Open University

Ian Kenvyn  Leeds Trinity University College
Jenny King  University of Worcester
Sylvia Langham  De Montfort University
Stuart McCarron  Oxford Brookes University
Gill Miles  University of Leicester
Catherine Ogilvie  University of the West of England
Judy Orme  University of the West of England
Alan Phillips  University of Sheffield
Sue Powell  Manchester Metropolitan University
Mark Sawyer  University of the West of England
Angela Scriven  Brunel University
Margaret Sills  HE Academy
Bill Thomson  City University London
Jean Turner  The University of Birmingham
Fiona Wilson  East of England Teaching Public Health Network
Hazel Wright  Teesside University

Apologies:
Kate Buchan  University of Bristol
Peter Chell  National Healthy Further Education Programme
Margaret Coffey  Liverpool Hope University
Anne Coufopoulos  Liverpool Hope University
Karen Cregan  University of Chester
Ann Devlin  Anglia Ruskin University
Denise Eaves  University of Nottingham
Rafe Elliott  Bishop Grosseteste University College
Daryl Evans  Middlesex University
Laura Fisher  University of Liverpool
John Hamilton  Leeds Metropolitan University

Fay Hunkins  University of Birmingham
Marie John  University of Glamorgan
Sue Kesterton  Sheffield Hallam University
Suhrna Nawaz  Bolton NHS
Joanne Newton  University of Brighton
Fiona Sim  Teaching Public Health Networks (TPHNs)
Jo Skinner  London Metropolitan University
Amanda Smith  Amian
Jane Wills  London South Bank University
John Wyn Own  Cardiff Metropolitan University
Shelagh Groves  University of Northumbria
Kathryn Ramsden  University of Salford
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| HU-ENN-0410 | 1 | Welcome, Introductions and Apologies  
- Simon Hinks, Director of Sport Exercise & Health, University of Bristol opened the meeting. |  |  |
| HU-ENN-0410 | 2 | Minutes of last updates and matters arising  
- There were no updates or matters arising not covered by following agenda items. | - None |  |
| HU-ENN-0410 | 3 | Update on National Developments  
- MD gave an update on the RSPH Projects  
- JC took the group through the new Healthy Universities website: [www.healthyuniversities.ac.uk](http://www.healthyuniversities.ac.uk)  
- The group gave feedback on the website and offered so ideas for additions/improvements/corrections:  
  - Publications page – check health and wellbeing tool is most up to date and change date  
  - Links page - add Business in the Community, workplace health link  
  - Links page – add Scottish Healthy Working Lives link  
  - Publications page – add RSPH commissioning guide for health and wellbeing  
  - Getting started – add link to ‘join the network’  
  - News – correct title of Health Sciences Practice Centre newsletter | - Circulate PowerPoint presentation with minutes  
- Circulate final RSPH report once it becomes available  
- Make amendments to website | JC/SBr  
JC/SBr  
JC/SBr |
| HU-ENN-0410 | 4 | Network members discussion time and updates  
- Jenny King raised the issue of equality and diversity – Ian Kenvyn suggested the Leeds Student Health report might be a useful resource  
- Catherine Ogilvie highlighted a recent media article about the use of ‘smart drugs’ in universities  
  - Birmingham university are leading on a research proposal into the issue  
  - The group discussed the importance of awareness raising as part of wider campaigns on substance misuse and of linking to university drug/alcohol policies  
- Margaret Sills updated the group on the UUK policy document on student mental wellbeing which is currently |  |  |
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|        |             | being revised. Margaret has ensured that the healthy university approach and Healthy Universities Network are embedded within the document.  
- The group discussed auditing healthy university activity in order to establish a baseline for planning and evaluation  
  - It was suggested that for an audit to be successful it is important that internal partners have a clear understanding of what activity they are looking for when asked to audit.  
  - Language was highlighted as key; using terms such as wellbeing and sustainability rather than health  
- Margaret Sill highlighted the PHORUS (www.phorus.ac.uk) public health resource website which still has 6 weeks to run and urged members to get in contact if they would like to contribute to the content  
- Yorkshire and Humber TPHN is running a Healthy Education Environments good practice sharing event on 11th May 2010 in Leeds (agenda attached) – delegates are welcome from across the UK. Please register at www.yhtphn.co.uk/hle2010 if you would like to attend. | • Send alcohol related activity audit to Fiona  
• Share health and safety stress audit | Sharon Doherty  
Karen Harvey |
| HU-ENN-1109 | 5 | Working with student services  
- Mark Ames, Head of Student Services, University of Bath, AMOSSHE gave a presentation on Working with Student Services: Student Health and Well-Being.  
- Sarah Bustard then facilitated a discussion session. | • Post presentation on website.  
• Feed workshop outcomes into development of guidance tools and AMOSSHE Knowledge Community. | SBr  
Sarah Bustard & Mark Ames |
| HU-ENN-1109 | 7 | Any Other Business  
- Sue Powell updated the group on piece of work that MMU will lead which examines gambling in the student population - Sue agreed to keep the group up to date.  
- The group thanked the University of Bristol for organising the meeting room | | |
| HU-ENN-1109 | 8 | Next Meeting date and location  
- The next Network meeting will be held in September 2010 in Leeds | • Agree and circulate next meeting date and confirm venue | JC |